

## Films

[\*A Will for the Woods\*](#) What if our last act could be a gift to the planet? Determined that his final resting place will benefit the earth, musician, psychiatrist, and folk dancer Clark Wang prepares for his own green burial while battling lymphoma. The spirited Clark and his partner Jane, boldly facing his mortality, embrace the planning of a spiritually meaningful funeral and join with a compassionate local cemetary to use green burial to save a North Carolina woods from being clear-cut.

With poignancy and unexpected humor, *A Will for the Woods* portrays the last days of a multifaceted advocate – and one community's role in the genesis of a revolutionary movement. As the film follows Clark's dream of leaving a legacy in harmony with timeless cycles, environmentalism takes on a profound intimacy.

[\*Mar Adentro \(The Sea Within\)\*](#) This is the life story of Spaniard Ramón Sampedro, who fought a 28-year campaign to win the right to end his own life with assisted suicide. The film explores Ramón's relationships with two women: Julia, a lawyer suffering from Cadasil syndrome who supports his cause, and Rosa, a local woman who wants to convince him that his life is worth living. Through the gift of his love, these two women are inspired to accomplish things they never previously thought possible.

[\*Griefwalker\*](#) This documentary introduces us to Stephen Jenkinson, once the leader of a palliative care counselling team at Toronto's Mount Sinai Hospital. Through his daytime job, he has been at the deathbed of well over 1,000 people. What he sees over and over, he says, is "a wretched anxiety and an existential terror" even when there is no pain. Indicting the practice of palliative care itself, he has made it his life's mission to change the way we die - to turn the act of dying from denial and resistance into an essential part of life. (Here is his website: <https://orphanwisdom.com>.)

## Books

[\*Who Dies?\*](#) *Who Dies?* is the first book to show the reader how to open to the immensity of living with death, to participate fully in life as the perfect preparation for whatever may come next. The Levines provide calm compassion rather than the frightening melodrama of death.

[\*The Wild Edge of Sorrow\*](#) In *The Wild Edge of Sorrow*, author and soul activist Francis Weller, offers a new vision of grief and sorrow. He reveals the hidden vitality in grief, uncovered when the heart welcomes the sorrows of our life and those of the world. When the deeper rhythms of grief are allowed to emerge, we become aware of the intimate connection we share with all things. We are ripened in times of loss, made more human by the rites of grief. Through story, poetry and insightful reflections, Francis offers a meditation on the healing power of grief.

[\*Being Mortal\*](#) *Being Mortal* is a meditation on how people can better live with age-related frailty, serious illness, and approaching death. Gawande calls for a change in the way that medical professionals treat patients approaching their ends.

## **Advance Directives**

<https://fivewishes.org/>

## **Facilities and EOL Care**

<https://www.peacehealth.org/sacred-heart-riverbend/no-one-dies-alone>

<https://www.ensohouse.org>

## **Organization and Paperwork**

<https://www.lantern.co>

<https://www.amazon.com/Life-Organizer-Essential-Record-Planner/dp/1599620928>

<https://forge.medium.com/the-4-lists-to-make-when-somebody-you-love-dies-440d2062b7>

<https://time.com/5640494/why-you-need-to-make-a-when-i-die-file-before-its-too-late/>

## **Alternative/Home Funerals and Burials**

<http://www.orderofthegooddeath.com/resources/home-funerals#6>

<https://www.homefuneralalliance.org>

[http://informedfinalchoices.org/crestone/services/open-air-cremation-site/?fbclid=IwAR2vIO7FUvt\\_fqiY0YZV4au\\_B1Gj2ohEXmEI14j7iOXC9OXWH2BfLyJUfU](http://informedfinalchoices.org/crestone/services/open-air-cremation-site/?fbclid=IwAR2vIO7FUvt_fqiY0YZV4au_B1Gj2ohEXmEI14j7iOXC9OXWH2BfLyJUfU)

<https://www.axios.com/special-report-new-art-dying-05c5d162-8fd8-42b2-843e-d62f826ba232.html>

<https://www.aarp.org/home-family/friends-family/info-2017/funeral-ceremony-trends-fd.html>

## **Funeral Planning (Consumer Info) and Burial/Body Disposition Options**

<https://funerals.org>

<https://www.talkdeath.com/environmentally-friendly-burial-options/>

## **Conversation Oriented Websites**

<https://deathcafe.com/deathcafe/10966/>

<https://deathverdinner.org>

<https://theconversationproject.org/tcp-blog/death-is-not-a-game-well-sometimes-it-is/>